

# Workplace Ergonomics



Knowledge > Innovation > Productivity

# The Event



Osmond Ergonomics hosts regular seminars to provide education and hands-on experience of products that improve workplace ergonomics and productivity. For this half-day session, Hugo Bos, ergonomist at Bakker Elkhuisen, will be flying in from the Netherlands to talk about his extensive knowledge of Smart Working throughout Europe. He will be supported by Guy Osmond, Managing Director, and Stuart Entwistle, Training Manager, from Osmond Ergonomics.

A free lunch and morning refreshments are provided and there will be plenty of opportunity to experiment with products, including laptop and tablet stands, keyboards, mice and other input devices.

## Programme

09:30	Refreshments networking and hands-on
10:00	Sit-stand working: new research and how to respond (Guy Osmond)
10:45	Smart Working: ergonomics considerations for computer users outside the office (Hugo Bos)
11:45	Desktop Ergonomics: input devices, laptop and tablet stands and accessories, product comparisons and applications (Stuart Entwistle)
12:15	Questions and hands-on workshop
12:30	Lunch, networking and more hands-on
13:30	Close

# Speakers

**Flourishing Workplace Seminars**

## Guy Osmond

Guy Osmond has been in business for over forty years and in workplace ergonomics for more than twenty. During that time, he has become well known internationally in both the commercial and academic ergonomics communities. He has also been involved in the sourcing, development and UK introduction of a number of innovative products. He has continually pioneered such products and services and is especially interested in the use of technology to improve processes and communication.



## Hugo Bos

Hugo Bos has studied physiotherapy and ergonomics. After several years as a physiotherapist, he switched to ergonomics and health & safety. He now works for Bakker Elkhuisen and is the leading ergonomist in the R&D team. Since the end of last year, Hugo has been chairman of the Dutch Ergonomics Society which is a member of the International Ergonomics Association (IEA). He has written numerous articles on computer and seating ergonomics and is a regular speaker at conferences.



## Stuart Entwistle

Stuart Entwistle has worked at Osmond Ergonomics since 2001. Starting as an Installation Engineer, he was progressed through the Customer Service and Sales departments to his current role. He estimates that he has carried out more than 3,000 one-to-one advanced DSE assessments, making him one of the most experienced specialists in the UK. His product and applications knowledge is second-to-none. In presentations like this, Stuart calls on his experience to provide practical examples of methods and products to address ergonomics and musculo-skeletal issues.



## Dates & Venues



**SOUTHAMPTON – Tuesday October 21st, 2014**

**09:30 – 13:30**

Dutton Gregory LLP, Ambassador House,  
8 Carlton Crescent, Southampton SO15 2EY

All bookings via:  
<http://bit.ly/OsErgSoton>



**BRISTOL – Wednesday October 22nd, 2014**

**09:30 – 13:30**

Burges Salmon LLP, One Glass Wharf,  
Bristol BS2 0ZX

All bookings via:  
<http://bit.ly/OsErgBrstl>

# Sign Up...

Please book promptly! Numbers are limited.

Comprehensive joining instructions will be confirmed a few days before this event

## Flourishing Workplace Seminars

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